

Geopathic Stress Zones and Health

One may assume that GEOPATHIC STRESS ZONES and mental issues (psychosomatic) are the most unknown factors in the entire medical world. They are most likely responsible for most illnesses and the reason many people cannot really improve and sustain their health.

Most medical doctors were never educated in the universities on GEOPATHIC STRESS ZONES, consequently they do not know anything about it and so they do not check their patients on their exposure of GEOPATHIC STRESS ZONES. Besides they have no concept what to do about it. In many cases it even may sound like they do not want to know, as it pushes them out of their comfort zones.

Yes, GEOPATHIC STRESS ZONES is a very complex subject with a wide spread of possible causes and reasons. However, the following pages summarize it all in a most compact presentation. If one gets the basic concept of GEOPATHIC STRESS ZONES one simply determines if a patient is exposed to them. One can say that basically every one of us is exposed as they run through every office, sleeping and living room, school classroom, hotel and hospital.

The consequences in the society are enormous. And maybe there are groups of interest which do not want to carry out the consequences of protecting every office, household, school, hotel and hospital etc.

In older times people were much more sensitive and aware of the GEOPATHIC STRESS ZONES and acted accordingly by building their homes and particular certain rooms avoiding these chaotic zones. Nowadays most of us have lost a natural feel for these negative zones and we are even not aware about the problem anymore. In a world with a population size as we have it now, it is impossible to build schools, homes, offices and hospitals without conflicting with GEOPATHIC STRESS ZONES.

THE SOLUTION?

The obvious way to handle these GEOPATHIC STRESS ZONES is to avoid them. However, in most cases this is not possible. The solution is to install products which turn the chaotic GEOPATHIC STRESS ZONES into a harmonized condition.

The pathological effects of GEOPATHIC STRESS are not always immediately obvious. They are gradual and more insidious. Initial symptoms may arise in the form of disorders of the immune system or in an inconspicuous illness that recurs after a short time despite successful therapy and with no apparent explanation. If medication and complementary therapies follow a pattern of temporary improvement followed by subsequent deterioration in spite of further medical or therapeutic care, then you should consider the subtle effect of earth radiation as a possible cause. Often, however, at this point damage is extensive and path to recovery may prove long and tedious.

We assume that GEOPATHIC STRESS SYMPTOMS only have an effect when we expose ourselves to them for prolonged periods on a daily basis. This applies primarily and especially to exposure in the bedroom.

When we sleep we usually relax completely, reducing our body functions to a minimum. In this condition of recovering the body is very vulnerable and susceptible towards negative influences and has little to no defence. This gives the negative effects of earth rays a better chance to influence us. In most cases, these influences manifest as sleep disorders (e.g. restless sleep, insomnia, and frequent waking). Anyone who wakes up feeling exhausted should investigate his or her sleeping quarters.

If one sleeps over a source of GEOPATHIC STRESS, more often than not, you will feel exhausted in the morning and may experience back or neck pain. Anyone who has a desk job and sits in the same place for eight or more hours a day should explore the possibility of harmful earth radiation. This is especially true if he or she feels tired, drained, or exhausted after work, or frequently suffers from headaches or back pain at the end of the day.

One must pay attention how exposed our typical couch and recliner seats are, in which we typically spend many hours as well.

Needless to say, children are sitting for hours on end on the chairs in schools and people are often confined in hospital beds.

Children and infants still have an "antenna" for earth radiation. Children are particularly susceptible i.e. when they toss and roll around in bed frequently, it may be an unconscious effort to find a stress-free place to sleep.

The effects, of phenomena such as GEOPATHIC STRESS ZONES, are subtle and not everyone notices them readily. Even if we cannot observe them, they can still affect our health negatively. Long exposures can lead to serious symptoms and diseases.

Scientists have observed that it can take up to five years for diseases, such as cancer, to become symptomatic. In this context, we can also assume that symptom-free people who have slept in the same place for seven years or more without having moved their bed, can be assured that they have no unhealthy earth radiation or WATER VEINS in their bedroom.

Torsion Fields

In recent years, researchers have discovered deep and startling connections between the type and intensity of energy fields and human health. Key scientists including G.Shipov, A.Akimov, A.Bobrov, V.Kaznacheev, A.Pavlenko discovered and proved scientifically in many experiments that wherever there is electromagnetic radiation, there exists what is called the TORSION FIELD, also known as the INFORMATION FIELD.

Every person and every product in this world have its own specific INFORMATION FIELD, as unique as a finger print. Once this TORSION FIELD is harmed and brought into a chaotic state due to influences as specified below, negative consequences such as health issues are imminent.

Physicians in both the Eastern and the Western medical traditions have struggled to deal with the often-puzzling increase of many different diseases over the past

several decades. The research into TORSION FIELDS suggests that much if not all illness may be the result of changes in information mentally and/or in the bio-electric field that surrounds and permeates the living body.

Theory and practical application now suggest that converting the information of TORSION FIELDS from a chaotic state to a harmonious state may in turn harmonize the body's bio-electric field, resulting in wellness. The test of this, of course, would be to take individuals who've lived in an environment of chaotic energies (which is most of us) and who have various measurable physical difficulties, then handle the Torsion Fields and observe the results. This work has been done and results thus far have been positive.

FIELDS are present in all environments that contain engines, motors, electrical devices of all sorts, all electrical household products such as irons, vacuum cleaners, microwave ovens, etc., as well as cell phones, GPS, Wi-Fi, cordless phones, computers, TV screens, monitors, cars in general, electric cars, airplanes etc. ... each of these may sabotage the health of man to one degree or another. TORSION FIELDS are also present in natural appearing GEOPATHIC STRESS ZONES. They're present in each room in households and in businesses and they create these negative TORSION FIELDS (Information Fields) which harm the human body as well. As the lines of the grids repeat in an approximative patterns of 8 - 12 ft (2.50 - 3.60 meter) everyone in an office, a living room and a bedroom dwells most likely in GEOPATHIC STRESS ZONES which can harm the human body.

GEOPATHIC STRESS ZONES ARE CREATED BY: Water Veins, various grids which cover the entire world like a chess board known as Curry Grid, Hartmann Grid and Benker Grid. On top of all the above there are many more contributing factors which create GEOPATHIC STRESS ZONES such as Rock Fractures, Rock Faults, Earth Rays. Earth Radiation and Terrestrial Radiation.

One can clearly state that everyone's health and wellbeing is sabotaged by the GEOPATHIC STRESS ZONES.

Earth Rays

The terms "Earth Radiation," "Earth Rays," and "E-Rays," most commonly refer to harmful electrically charged rays emanating from the ground. EARTH RAYS create GEOPATHIC STRESS ZONES and are only harmful when we are exposed to them for an extended amount of time. They show in the TORSION FIELDS (Information Field) with their negative influence.

Places we stay for a long time are typically our bed, living room couch, office chair, in school and hotels etc. Now if these locations are exposed to EARTH RAYS the bodies / health will be affected without any doubt.

EARTH RAYS can affect the energy balance of our bodies positively. When we take a walk in nature, for example, we feel refreshed, less stressed, and more mentally acute. This is, in part, because we cross a wide range of earth radiation lines and our bodies take advantage of these changing impulses and we are not exposed to an extended amount of time to a particular ray.

Earth Radiation and Geopathic Stress

To date, EARTH RADIATION and the GEOPATHIC STRESS ZONES it creates on the human body have sparked controversy among scientists and researchers as scientific measurable methods have not been fully developed. Some dismiss these concepts entirely.

But others have long understood that energetic forces exist on earth which affect our health, our energy level and maybe as well our mental stability both positively and negatively. These forces can be detected with dowsing rods, compass needles and Kinesiology.

In this context it is interesting that most Building Biologists, who otherwise think and act according to strict scientific principles, acknowledge the existence of GEOPATHIC STRESS ZONES created by WATER VEINS. They consider these phenomena self-evident and include their locations in analyses of indoor living environments. Additionally, they work on information about how to protect oneself from them.

The term GEOPATHIC STRESS is commonly used in connection with WATER VEINS because it is difficult to differentiate between which veins are and aren't pathogenic. Experts argue that the electrical energy of WATER VEINS comes from the friction of subterranean currents and rock. In addition to WATER VEINS, experts have identified other factors which contribute to GEOPATHIC STRESS and which, together, form a global grid or series of grids. There is the well known CURRY GRID, described by the Germans Dr. Manfred Curry and Dr. Wittmann (1952). See further below. Another grid known in the world of science is the HARTMANN GRID discovered by the German Dr. Ernst Hartmann (1954). See further below. The BENKER GRID as discovered by the Austrian Anton Benker seems to be the least known of all.

Curry Grid

This grid is named after Manfred Curry, an American doctor born in Munich, Germany in 1899. Curry spent most of his life in Germany. Although the grid is named after Curry, who published it in 1952, it was actually discovered by the German Siegfried Wittmann in 1950.

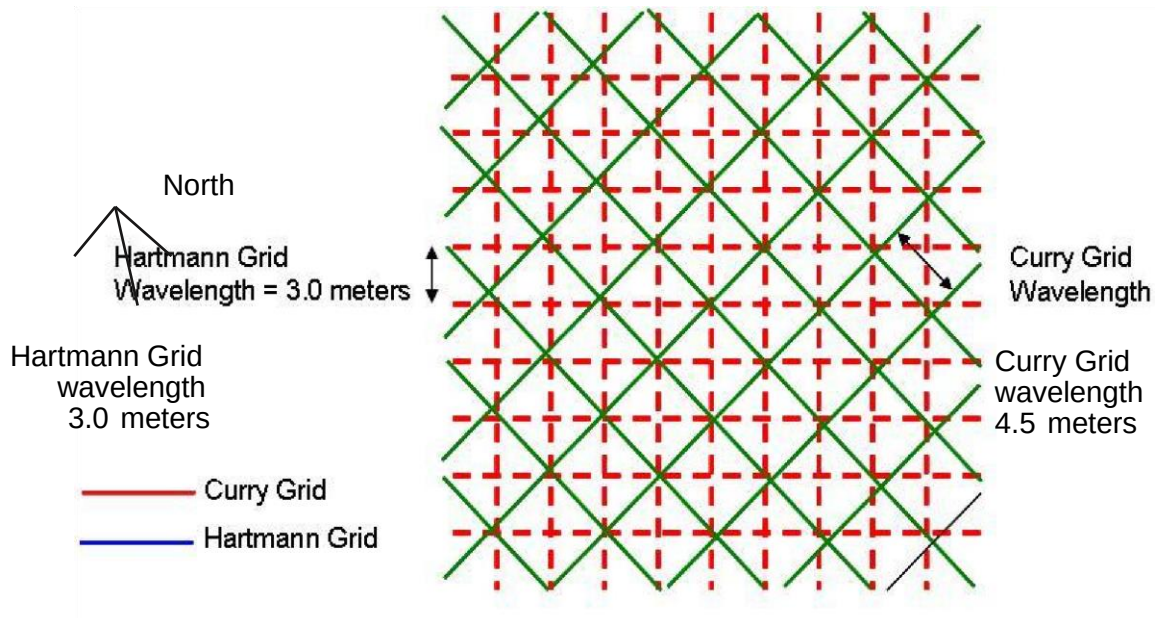
The CURRY GRID runs diagonally to the HARTMANN GRID (see below). Its lines measure between 12 and 16 inches (30 cm – 41 cm) in width and are spaced between 8 and 11.5 feet (2.44 and 3.51) apart. Like the HARTMANN GRID, the CURRY GRID also encompasses the entire Earth.

Moon cycles influence the intensity of the CURRY GRID, at full moon, energy levels are particularly strong where it intersects with the HARTMANN GRID.

In any case the CURRY GRID creates GEOPATHIC STRESS ZONES. Some maintain that if it also crosses an underground waterway at that point, it becomes especially dangerous for people. During the day, its intensity reduces, but at night it is much stronger and it can lead among others to insomnia.

Bachler and Living, 2007, 217-218; Dale, 2009, 108-109; Schumacher, 2005, 93-97.

Experts believe that the CURRY GRID originates from cosmic radiation rather than radiation coming from the Earth. Leviton, 2001



This picture is a simplified graphical depiction of the CURRY GRID and the HARTMANN GRID.

Hartmann Grid

The German physician Ernst Hartmann discovered in 1954 the HARTMANN GRID and described in detail in his book "Krankheit als Standortproblem" (Illness as a consequence due to location). The HARTMANN GRID is associated with the Earth's magnetic field.

Its lines measure approximately between 8 and 12 inches (20 cm and 30 cm) in width. These lines are spaced about 6 feet apart (1.80 m) in the north-south direction and about 10 feet apart (3 m) in the east-west direction. However, these values can vary immensely depending on the geographical location.

The HARTMANN GRID is often referred to as a GLOBAL GRID and again creates GEOPATHIC STRESS ZONES. In his book, Hartmann provides clear evidence for the pathogenic character of the grid. Schumacher, 2005, 93-97; Dale, 2009, 108-109.

Benker Grid

Named after the Austrian master carpenter and avid dowser Anton Benker, the BENKER GRID is a spatial system comprised of rows and columns of cubes with a length and width measurement of 33 feet (10 meters). Dale, 2009, 108.

It is also referred to as the 10 Meter System and as the BENKER CUBICAL SYSTEM. Each cube is electrically charged and the polarity changes from one cube to the next.

A positively charged cube should support and encourage life processes, but it can have the opposite effect if exposure is excessive. Similarly, negatively charged cubes usually have a calming effect but can also extract energy from the body if exposure becomes excessive. Electromagnetic influences (electro smog) distort and amplify the intensity and spread of the BENKER GRID. This can, in turn, create areas of irritation that are extremely threatening to our health as again a GEOPATHIC STRESS ZONES are established.

Anton Benker conducted experiments on multiple sclerosis and cancer patients, which confirmed their connection with the BENKER CUBICAL SYSTEM. Researchers have also proposed that, like the CURRY GRID, the BENKER GRID is the result of cosmic influences and not of radiation from the Earth's interior.



This picture is a simplified representation of the Benker Grid. The cubes are about 33 ft (10 meters) high and wide and are spaced about 3 ft (1 meter) apart.

Water Veins and Faults

Cosmic influences or the Earth's magnetic field cause the lattice networks described above. There may be quite a few types of radiation from the Earth's interior in addition to terrestrial radiation generated by underground running water (AQUIFERS / WATER VEINS), ROCK FRACTURES or FAULTS within the Earth (geologic factors).

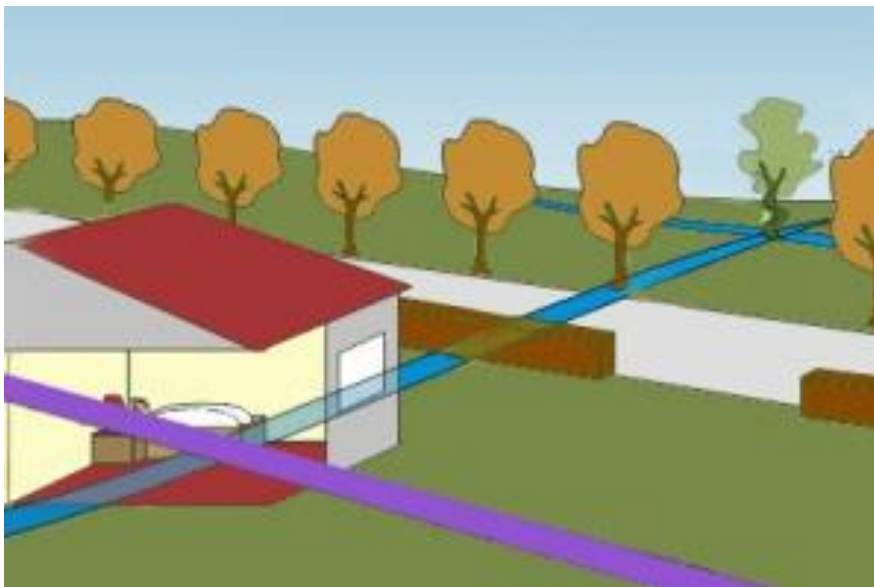
WATER VEINS run underground. When we think about the water cycle on earth, we usually think about rain, rivers, lakes, and the sea. Rivers, lakes and the sea make up the Earth's surface water. But there is also a great deal of water underground. Rainwater seeps into the ground and continues its journey underground. If it doesn't resurface as spring water, then it collects underground to form bodies of groundwater.

A WATER VEIN is water that flows underground between layers of rock. WATER VEINS vary in size from mere trickles to large scale rivers. Although underground rivers cannot be detected with technical devices, their existence is widely recognized. The assumption that Water Veins emit pathogenic rays, however, remains controversial. Conventional science, in particular, rejects this theory. But other studies have gathered data supporting the idea that WATER VEINS are harmful due to the GEOPATHIC STRESS ZONES they create. As a consequence, chronic illnesses keep stressing the human body and seem to not go away.

Water Veins cross each other

Our basic understanding of WATER VEINS is that they join together when they meet, forming a broader stream. But, because there are multiple layers of rock in any given place, they can also intersect without joining. As we discussed above, WATER VEINS exist at varying depths. This difference in depth allows them to crisscross. Additionally, depending on the inclination of the rock layer, they can flow in different or even opposite directions. If we could see through the layers of rock, these intersecting veins would form a cross.

At the point where these WATER VEINS intersect, the effect of the WATER VEINS on the Earth's surface increases significantly and may accelerate the progression of disease. It is known as one of the most intense GEOPATHIC STRESS ZONES. Lightning seems to strike more likely where WATER VEINS cross.



This is a simplified representation of a WATER VEIN, which intersects with the CURRY GRID

Water Veins Are Everywhere

In some areas, WATER VEINS are more frequent and their effect is stronger. This is especially true for regions with regular rainfall. WATER VEINS are particularly prevalent in mountain areas such as the Alps in Europe or the Rockies in the USA. It's hard to believe, but in the Sahara there are huge deposits of fossil groundwater. WATER VEINS are less common in arid zones, although appearances can be deceptive. In the Sahara, for example, WATER VEINS are common in the vicinity of wadis, riverbeds which hold water during the rainy season. In addition to the surface water or rainwater held in these riverbeds, the Sahara also contains vast underground aquifers. Geologists refer to this water as "fossil groundwater." The Nubian Sandstone Aquifer System, one of the two aquifers in the Sahara, is one of the largest in the world. It covers just over 850,000 square miles (2.2 million Quadrant Kilometer), spans four countries, and contains approximately 375,000 km³ of water. Ahmed, 2013, 114; Nubian Aquifer Project <http://www-naweb.iaea.org/napc/ih/documents/factsheetsPosters/Nubian%20-%20Transboundary%20Aquifers%20and%20Rivers%20Basins.pdf> Additionally, a recent study by the British Geological Survey estimates "total groundwater storage in Africa to be 0.66 million km³" with anywhere from 3,770 to 21,400 km³ in the Western Sahara alone. MacDonald et al., 2012; Thornhill, 2012 <http://iopscience.iop.org/article/10.1088/1748-9326/7/2/024009/meta>.

Water Veins are Harmful

It isn't possible for us to know precisely how the negative effects of WATER VEINS work. But models can give us some idea. One common explanation is that, as water flows between layers of rock underground, it produces friction. In turn, these layers of rock produce electric fields, especially when they are under high pressure. These electric fields then cause interference with the natural magnetic field of the Earth and produce "turbulence" means GEOPATHIC STRESS ZONES. The radiation fields from this turbulence then expand beyond the earth's surface. Another explanation is that the high pressure of the water flowing underground causes the release of ions, which are then sent upward.

WATER VEINS are highly energizing - even brief exposure has a strong effect on us. In small doses, exposure can be invigorating. In excess, however, exposure can be detrimental not only to humans but to all living things. For example, some research studies have indicated that it can cause spiral growth and proliferation in trees as well as scoliosis and cancer in humans.

Baker-Laporte et al., 2008, 65-66; Teitze, 1997, 58; Saunders, 2003; Croome, 1994 <https://www.sciencedirect.com/science/article/pii/0960148194901228>

WATER VEINS are located at depths of between 45ft and 3,000ft (15 – 1,000 meters) underground. Their effect depends on their size and distance from the Earth's surface. But even the deepest WATER VEINS can impact life above ground.

If your home is located over a water vein, the electric field of the WATER VEIN will have an effect throughout the home or building even though its intensity can

vary between rooms and floors. WATER VEINS can affect health quickly. But these effects may not become apparent for as many as five years or even more.

WATER VEINS act on the human skeletal system. Since research indicates that they can cause rotary or spiral growth in trees, it takes little imagination to envision what happens to our bones when we are exposed to their influence over the course of a whole night - the time when we are the most relaxed and vulnerable.

Early symptoms which have been related to exposure:

- Feeling drained in the morning
- Restless sleep, bad dreams
- Constant fatigue, lack of energy
- Headaches, migraines
- Spinal problems
- Discomfort in the joints
- Rheumatic problems
- Resistance to therapy
- Those who sleep on WATER VEINS, might find help only temporarily from massages and chiropractic treatments.
- Constant influence of WATER VEINS can lead to fatigue and chronic depression.
- Chronic organ diseases (lungs, kidneys, liver, stomach, intestines)
- Circulatory disorders
- Cancer
- Infertility
- Miscarriage
- Resistance to therapy
- Depression

Like exposure to other forms of earth radiation, exposure to WATER VEINS can lead to chronic illnesses and can cause most medical treatments to be unsuccessful. While patients might show improvement immediately following treatment, symptoms often return after several days or as soon as several hours. Depression, which is already an effect of exposure, becomes all the more likely to surface because of the stress of chronic illness.



Tree growths are a typical indication of WATER VEINS and other types of earth radiation.

Studies on Water Veins

Study by Gustav Freiherr von Pohl (1929): Cancer houses

In 1929 Gustav Freiherr (Baron) von Pohl investigated WATER VEINS and GEOPATHIC STRESS in Vilsbiburg, a small town in Lower Bavaria with a population of 3,300. His goal was to determine in which beds people had died of cancer. During his investigation, he was not allowed to speak to any of his subjects and was accompanied by a control group continuously. Legal testimony confirms that he didn't know in advance whether or how many people died of cancer in Vilsbiburg. Yet, he succeeded in identifying the beds of all the 54 people who had died of cancer (32 male, 22 female). Von Pohl published his findings in 1932 in a book titled "Erdstrahlen als Krankheitserreger – Forschungen auf Neuland" (Earth Currents–Causative Factors of Diseases - Studies in Unknown Territory). It was republished in 1978 and is still commercially available.

Study by Dr. H. Beitzke (1937) on 450 mice

In 1937 Dr. H. Beitzke, a professor at the Institute of Pathological Anatomy at the University of Graz in Austria, studied the effect of water veins on cancer in mice. Beitzke placed half the mice over a water vein and the other half in a room free from the influence of water veins. Over a period of thirteen months, thirteen

of the mice suffered from cancerous tumors of varying size. Twelve of the thirteen mice suffering from cancer lived over the water vein while only one lived in the uncontaminated room. This study is not available for purchase in hard copy. However, thanks to "Geopathology Switzerland" extracts from the 1937 publication of Beitzke's results in the Vienna Clinical Weekly are available.

Additional Studies on Harmful Effects of Earth Radiation

These include studies by Dr. Otto Bergsmann at the University of Vienna (1989), Kessler and Kopschina (1992), and Kopschina and Daun (1994).

Study by Kessler and Kopschina (1992) Dr. Rudolf Kessler and Andreas Kopschina (a naturopath and geopathologist) conducted a study of 52 patients in 1992, for which they received a research grant from the Association of German Naturopaths . Both their study and an additional study by Kopschina and Daun (discussed below) clearly demonstrate that chronic or recurrent diseases have a direct correlation to the presence of geopathic stresses in bedrooms. The text of the study is available in German on the website of the German Professional Association of Geopathologists and Building Biologists at <http://www.geopathologie.de/studien/studie-1>.

Study of Kopschina and Daun (1994): "Die krankmachende Wirkung geopathischer Belastung" ("The pathogenic effect of geopathic stress"). Andreas Kopschina conducted this additional study of 8,200 patients in collaboration with naturopaths Wolfgang and Ursula Daun, for which the authors received both the 1994 research award from the Foundation of German Naturopaths and the gold medal of merit in 1998. The text of the study is available on the website of the German Professional Association of Geopathologists and Building Biologists at <http://www.geopathologie.de/studien/studie-2>

What do Dr. Carstens and Paracelsus have in common?

In 1985 Dr. Veronika Carstens, wife of the former German President Karl Carstens, published a study documenting the spontaneous healing of 700 terminal cancer patients after they relocated their beds to an area free from GEOPATHIC STRESS. The body, she argues, has great self-healing potential, which we can tap into by treating the root cause of an illness rather than its symptoms. Her study demonstrates the importance of a sleeping environment free from geopathic and electromagnetic interference and radiation fields.

Paracelsus, a famous Swiss healer in the middle ages, anticipated her convictions when he wrote, "A sick bed is a sure way to ruin your health." While he was not referring to electrosmog a far more recent phenomenon — one tends to believe he already knew about or intuited the negative effects of GEOPATHIC STRESS ZONES and WATER VEINS. As Paracelsus said 500 years ago, "Dose and duration make the poison."

Rock Fractures

Cracks and crevices in the rock of our inner Earth are called ROCK FRACTURES. They openings and passages that allow natural terrestrial radiation to reach the surface easily. Different rock layers have different fields of electrical voltages. When a rock breaks, it causes these layers to move, which results in higher concentrations of electromagnetic radiation on the Earth's surface which creates GEOPATHIC STRESS ZONES.

Rock Faults

Gigantic volcanoes and tectonic movements of glacial rock may be responsible for FAULTS that emit earth radiation, which, under certain circumstances, can cause disease.

FAULTS are interconnected layers of earth that extend over several hundred meters. Caused by volcanoes or by glaciers during the Ice Age, FAULTS usually occur in or adjacent to medium and high mountains. When different layers of rock merge and react to one another, the interaction of varying electrical conditions and terrestrial radiation creates intense energetic influences. One will be confronted again with GEOPATHIC STRESS ZONES.

Based on what individuals have reported experiencing, one can believe that these influences manifest themselves primarily as psychological traits or tendencies. For example, someone who lives on a fault may have be inclined toward depression or aggressive behaviour.

Logically, then, we can conclude that it is not good to have a bed or workplace over any source of earth radiation because long-term, continuous exposure can lead to unwanted illness. This is especially true for sleeping quarters, where the state of deep relaxation we achieve makes us especially susceptible to negative external influences.